

# LIST OF TREATMENTS

We invite you to discover the Heure Bleue Palais Well Being Center.

Using the products and following the rituals set out by Les Sens de Marrakech, Le P'tit Spa at Heure Bleue Palais welcomes you to our peaceful spa ambiance.

We advise you to arrive 10 minutes prior to your appointment time. Feel free to come from your room in your bathrobe, or change at the spa. Our massages are neither medical nor para medical; they are designed for your well-being and beauty.

# HAND AND FOOT CARE

# **BEAUTIFUL HANDS WITH PRICKLY PEAR OIL (Manicure)**

North African treatment for hands with rose petal infusion, exfoliation and mask of Argan and prickly pear seed oils.

470 MAD – 45 minutes

# **BEAUTIFUL FEET WITH ARGAN OIL (Pedicure)**

North African treatment for feet with rose petal infusion, exfoliation with desert sand and a nourishing Argan foot cream.

530 MAD – 45 minutes

# **WAXING**

Half Leg	132 MAD
Whole Leg	242 MAD
Bikini Line	88 MAD
Brazilian Bikini	132 MAD
Oriental Bikini	198 MAD
Underarms	88 MAD
Arms	132 MAD
Back	198 MAD
Lips/Eyebrows/Chin	55 MAD
Cheeks	66 MAD

# **HAMMAM**

Inspired by the bathing rituals of ancient Greece, the hammam is an intergral part of oriental life. Orientals go to the hammam every week in order to purify themselves according to the traditions of their religion. The hammam is also a social meeting place.

The sensation of purity and wellbeing felt after the bathing ritual is so special that the orientals call it « the silent doctor ».

## THE RITUAL OF THE SULTAN

This complete hammam session allows you to enter the heart of the bathing tradition of Morocco.

Hammam – exfoliation with black soap and eucalyptus – a purifying wrap with rhassoul – traditional massage with Argan oil.

1 hour 30 – 850 MAD

## TRADITIONAL EXFOLIATION

Discover traditional Moroccan exfoliation.

Hammam – Exfoliation with black soap and eucalyptus.

40 minutes – 390 MAD

# **HAMMAM**

Privatized Hammam (steam bath only) 1 to 4 people 20 minutes – 495 MAD

## **OUR INCLUSIVE PACKAGES**

#### TRADITIONAL BREAK

Traditional exfoliation and massage 1 hour 30 mins – 1080 MAD

# **TREAT YOURSELF**

Hammam ritual, face and hand care. 2 hours 45 mins – 1800 MAD

# **SUBLIME WEEK END**

1<sup>st</sup> day: Hammam ritual and face care 2<sup>nd</sup> day: One hour massage, hand and foot care. 3100 MAD

# **MASSAGES**

1 hour - 790 MAD

30 minutes - 470 MAD

A voyage through the perfumed world of Oriental tradition, our massages will enable you to let go of stress and completely relax.

# **RESTFUL MASSAGE WITH AMBER AND MUSK**

For moments of quietness and restfulness, amber is a path to wellbeing.

# **REVITALISING MASSAGE WITH VERBENA**

Revitalising and refreshing, verbena will awaken your senses and your body.

## RELAXING MASSAGE WITH ORANGE FLOWER WATER

Feel the soothing sensation with the gentle fragrance of orange flowers.

## COMFORTING MASSAGE WITH CANDALE AND AROMATIC EXTRACTS

Soft and enveloping movements in the hot oil a candle.

# **FACE CARE TRADITIONAL RADIANCE**

1 hour – 670 MAD

30 minutes – 470 MAD

Choosing the very best from the wealth of Moroccan ingredients, all our facial products contain argan oil as a base, with oils from the seeds of prickly pears and aloe vera.

Dermatologically tested, none of our products contain para-aminobenzoic acid or oils extracted from minerals or colorants